



Relocating to New Zealand

Waitemata District Health Board:-

Waitemata District Health Board (DHB) serves the largest DHB population in the country - more than 560,000 people. It is also the second fastest growing of New Zealand's 20 DHBs.

We employ around 6,800 people in more than 30 different locations and manage a budget of over a billion dollars a year, serving residents of North Shore City, Waitakere City and the Rodney district.

Waitemata DHB operates North Shore Hospital, on the shores of Lake Pupuke in Takapuna, and Waitakere Hospital in west Auckland

Our Values:-

“ best care for everyone

This is our promise to the Waitemata community and the standard for how we work together.

Regardless of whether we work directly with patients/clients, or support the work of the organisation in other ways, each of us makes an essential contribution to ensuring Waitemata DHB delivers the best care for every single patient/client using our services. ”

“ everyone matters

Every single person matters, whether a patient/client, family member or staff member. ”

“ connected

We need to be connected with our community. We need to be connected within our organisation – across disciplines and teams. This is to ensure care is seamless and integrated to achieve the best possible health outcomes for our patients/clients and their families. ”

“ with compassion

We see our work in health as a vocation and more than a job. We are aware of the suffering of those entrusted to our care. We are driven by a desire to relieve that suffering. This philosophy drives our caring approach and means we will strive to do everything we can to relieve suffering and promote wellness. ”

“ better, best, brilliant...

We seek continuous improvement in everything we do. We will become the national leader in health care delivery. ”

Auckland:-

Auckland is close to the beaches but it is also close to over twelve different Islands. The Auckland lifestyle is ranked among the best in the world. It is one of the best cities to visit and one of the best to live in. In the Maori language this is called the city of 100 lovers, Tamaki Makau Rau, because it is said to be a place that is desired by all and conquered by many. There are 48 volcanic cones and more than 50 islands in the Auckland region and that is why 1.3 million people call this area their home. It is the largest city in New Zealand claiming one third of the entire population of the country.

Initial living costs:-

It is hard to compare incomes and household expenses between New Zealand and the UK or other parts of the world – there is the exchange rate to take into account, different rates of tax and income support, as well as different lifestyles.

Some emigrants report that they feel very financially stretched in New Zealand, while others are either satisfied with their incomes or feel happy that the lifestyle in New Zealand compensates for any income disparity. It is fair to say that the cost of living in New Zealand is probably higher than you expect, and that you may have less disposable income than you are used to when you immigrate to New Zealand – and at least some of this is down to the relatively high cost of goods and services in New Zealand.

But the fact remains that a very good standard of living is very achievable in New Zealand, far more so than most parts of the UK, especially for a family.

For example, it probably won't take you long to drive to a pleasant beach, which is a great day out for the price of an ice cream. Many regions have festivals and fun days, and family entry to attractions is often around \$25. You'll find attractions and events less crowded and easier to get to, which makes them a lot more enjoyable.

Banking:-

All banks operating in New Zealand must be registered with the Reserve Bank of New Zealand. There are currently 22 registered banks. You can contact the bank of your choice from your home country and set up a banking account prior to your departure.

[List of Registered Banks in New Zealand](#)

Frequently asked questions

What information do I need to provide when opening an account from overseas?

Banks will require a copy of your identification, such as your passport and in some cases, will require confirmation from your overseas residence such as a utilities bill. You can either open a bank account when you arrive in New Zealand, or with some banks, you can open a bank account prior to arriving. This means you can send funds before you arrive and be able to start banking as soon as you arrive.

Are there any fees associated with opening bank accounts?

Currently there are no fees to open a bank account. New Zealand banks do charge transaction and monthly account fees; each bank will have their rates. When setting up your account, it would be advisable to discuss the rates at that time.

Do I need a Work Visa before setting up an account?

Currently banks will open a bank account for people with or without a Visa.

Can my accounts be accessed online?

Yes. All banks have online access, with access encrypted to further protect your security.

What is the minimum amount of money I need to open an account?

Currently there is no minimum amount.

Inland Revenue Department:-

In the first few days of arriving into New Zealand, you will be required to apply for an IRD Tax number. This is a Tax identification number. You can apply either through the Inland Revenue Department or at an AA Centre or Post Shop.

This is very important to note to remember is that we will need your IRD number so that we can send your employment file to payroll department, without the IRD number there may be delays in receiving your first pay. The IRD Department can take up to 10 working days to process your IRD Tax Number.

[Inland Revenue – IRD Numbers](#)

Temporary Accommodation:-

Affordable short term accommodation can be difficult to find on short notice. That is why we have formed relationships with the following businesses so that you get the best deal possible. Our preferred suppliers of accommodation have been selected for their great service and care they offer to all our candidates. Their knowledge of the local area is also invaluable if you are new to the City.

[Takapuna Motor Lodge](#)

[Emerald Inn](#)

[Quadrant Hotel](#)

Rental Accommodation:-

If you are looking to rent a house or a flat, you will find that majority of the homes are unfurnished and don't often allow pets on the property.

We have provided you the link the found out the current information for requirements for Landlord and Tenants, which you will find very useful.

[Try these home rental and flatmate matching websites:-](#)

[Trademe](#)

[Flatmates](#)

[Apartments](#)

[NZ Tenancy Information](#)

- **At times we get emails, for properties that are becoming available, do let us know, we can send you the information and you can get in contact directly with the Landlord.**

Driving in New Zealand:-

You can legally drive in New Zealand for up to 12 months if you have either a current driver's licence from your home country or an International Drivers permit. You will be required to convert to a New Zealand Driver's License within the first 12 months. You will be required to carry your drivers licences at all times, when driving. If your Overseas Driver's license is not in English, you would be required to have an English translation.

[Tips for Driving:-](#)

- Children require child restraint's while in the Motor vehicle;
- Motorists drive on the left-hand side of the road;
- It is compulsory for every occupant of the vehicle to wear a seat belt;
- Vehicles must not stop on motorways unless in the case of emergency;
- If you are involved in a crash you must stop and help. If someone is injured this must be reported to the police within 24 hours;
- New Zealand speed limits are in kilometres per hour;
- The maximum speed on any open road is 100km/h. The maximum speed in urban areas is 50km/h.

For further information, on NZ Road Rules and requirements, kindly visit the NZ Transport Agency.

[NZRoadRules](#)

[AutomobileAssociation](#)

Vehicles and Transport:-

When you arrive into New Zealand, you can look at the options of the use of a Rental Vehicle, while you are looking for a vehicle to purchase.

The rental car companies we use have provided consistently good service and have vehicles to suit all requirements. In New Zealand we have both automatic and manual cars. As many of the cars have been imported from Japan, they tend to be automatic.

Just to note that there are specific requirements for car seating for all children 5 years old and under, when you make your bookings, do let them know.

Our preferred rental car company:-

[AucklandVehicleRentals](#)

[mailto: admin@vehiclerentals.co.nz](mailto:admin@vehiclerentals.co.nz)

For a more permanent vehicle option, you can browse the following sites to get an idea on costs & vehicles available:-

[Trademe](#)

[Turners Car Purchase/Auctions](#)

[Autotrader](#)

Furniture:-

You can buy new or second hand furniture in New Zealand. Please do take the time to consider the costs associated with sending furniture over or buying in NZ. Some will be cheaper to send over, others will be cheaper to buy here.

[NoelLeeming](#)

[HarveyNorman](#)

[TargetFurniture](#)

Shipping:-

If you are ready to relocate to New Zealand and want to ship your household effects or personal items, then the following relocation companies can help you. We have used this company over the last few years and receive regular feedback about them from candidates. Special rates have been negotiated on behalf of all new employees to Waitemata District Health Board, being our preferred suppliers; they can provide you with a free no-obligation quotation.

[CrownRelocations](#)

Quarantine and Customs:-

The Relocation Company should provide you with a full run-down of customs and quarantine requirements, when planning your relocation. There are certain items which are prohibited or restricted from being brought into the Country.

Frequently asked questions

What happens if I want to use my own Relocation company?

You are free to choose and use the services of any Relocation company, which you prefer. There are quite a few companies out there, so we always advise getting a couple of quotations for your move.

How long will our goods take to be shipped to New Zealand?

This will depend on a number of factors, where you are relocating from, the time of year and the shipping company you are using. Some companies guarantee a delivery date. Others can be a bit vague. A guideline approximately 3 months.

Can I store my belongings in NZ if I have not found accommodation?

Most relocation companies, offer an option for storage should your accommodation not be ready. This is usually charged weekly.

How much will it cost?

This will depend on the amount of personal belongings and country of relocation. We would suggest that you obtain a few quotations, for the best cost effective options for you and your family.

Schools on the North Shore:-

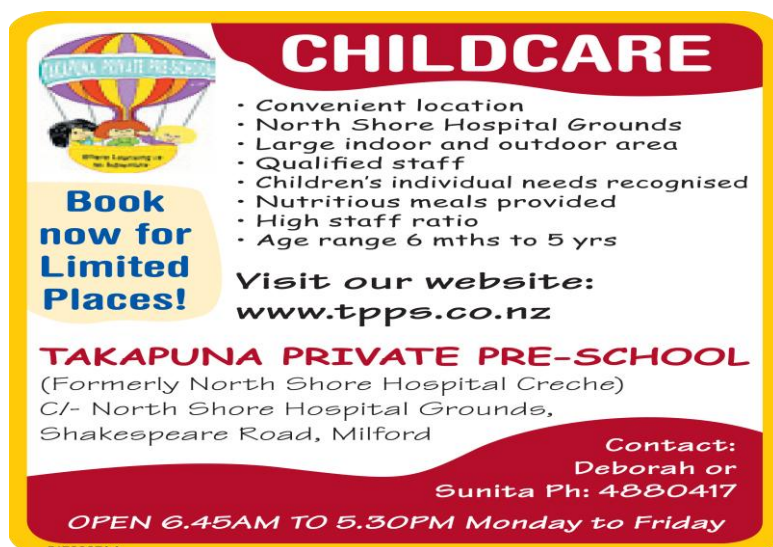
Childcare:-

There is a Pre-School based at the North Shore Hospital, this facility is independent of the hospital.

They cater for ages 6 months to the age of 5.

The Pre-School is convenient for all staff, as their opening hours are from 06:45am until 17h30 (Monday to Friday), especially if your shift starts at 7am.

Website: www.tpps.co.nz



CHILD CARE

- Convenient location
- North Shore Hospital Grounds
- Large indoor and outdoor area
- Qualified staff
- Children's individual needs recognised
- Nutritious meals provided
- High staff ratio
- Age range 6 mths to 5 yrs

Book now for Limited Places!

Visit our website:
www.tpps.co.nz

TAKAPUNA PRIVATE PRE-SCHOOL
(Formerly North Shore Hospital Creche)
C/- North Shore Hospital Grounds,
Shakespeare Road, Milford

Contact:
Deborah or
Sunita Ph: 4880417

OPEN 6.45AM TO 5.30PM Monday to Friday

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Primary School/Intermediate School & High School:-

The school education has a three tier model (includes primary schools, secondary schools and tertiary education). The academic year in New Zealand runs from late January until mid-December for Primary schools, Secondary schools, and Polytechnics, from late February until mid-November for Universities.

[List of schools on the North Shore](#)

General Information:-

Daylight Savings:-

Daylight savings has been in effect since 1974. Daylight Time is fixed at one-hour advanced on New Zealand Standard Time. Daylight Savings starts on the last Sunday in September, when 02h00am becomes 03h00am. It ends on the first Sunday in April, when 03h00am becomes 02h00am.

Telephone/Internet Companies:-

There is a selection of Telephone/Internet providers in New Zealand.

We have listed a selection below to seek the best option that will suit you:

[Orcon](#)

[Vodafone](#)

[Slingshot](#)

[Telecom](#)

Electricity Companies:-

There are a number of Electricity Departments in New Zealand, when you move into your new home, you will be required to call the Electricity Company of your choice and ask for them to connect the power.

New Zealand electricity runs at 230/240 voltz (50 hertz) Many accommodation options also have 110 volt AC sockets for use with electric razors. Power sockets only accept flat three pin (with earth connection) or two-pin plugs. Most foreign electrical equipment will require an adapter/converter. (Available at any visitor information centres, tourist shops. Appliance stores in New Zealand)



We have listed a few Electricity companies for your convenience:-

[Mercury Electricity](#)

[Genesis Electricity](#)

[Vector Electricity](#)

If a disaster happened now, would you be ready?

New Zealand faces many natural disasters, due to its location and environment. In some cases, such as weather, volcanic disaster there may be time for a warning. However an earthquake or a tsunami could strike without warning. All disasters have the potential to cause disruption, damage property and take lives. Visit the Get Ready – get Thru website to familiarise yourself with what you should do to prepare for a natural disaster.

[Getthrough](#)

[Geonet](#)

Healthcare in New Zealand:-

When you need healthcare, here is what you do:-

The first point of contact is usually through a primary health care provider such as a GP, accident and medical centre, midwife, independent nurse practitioner, Family Planning clinic, pharmacist (chemist), optometrist (eye care), dentist or complementary therapist.

Most hospital doctors (specialists) can only be seen after referral from a GP or midwife. Your local GP and community-based accident and medical centres can treat injuries and complaints that are not serious.

For all serious injuries and complaints you should go to a public hospital directly or in an ambulance (**phone 111 in case of life-threatening emergency**).

Where to find a GP or accident and medical centre:-

Look in the front of the telephone directory under the section "Registered Medical Practitioners" or do a search online.

Non-New Zealand residents:-

DHBs are funded to provide health services for New Zealand residents. People who are not permanent residents can be charged for their health care. Nobody can be refused emergency care because they cannot pay, although they may be sent a bill later.

Treatment after an accident is free or heavily subsidised for all people whether or not they are New Zealand residents. If you have been granted a temporary Visa and you intend to remain in New Zealand for two years or more, you may have the same rights as New Zealand residents.

If you are not sure whether you are eligible for publicly funded health care, you can contact the Ministry of Health or visit the Ministry of Health's website.

Website: www.moh.govt.nz

General Entertainment:-

The New Zealand Herald (a daily National newspaper) is a good source for providing details on events in and around Auckland, as well as the National news.

Sky Tower:-

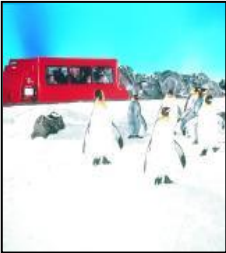


As the tallest tower, in the Southern Hemisphere, Sky Tower offers unparalleled, breath-taking views from above central Auckland. It is also home to Auckland's largest Casino and thrills such as vertigo and sky jump. Vertigo Climb is a two-hour guided tour up the inside of the Sky Tower mast, culminating in a 15 minute internal climb from the upper observation deck to the first crow's nest or you can jumpstart your Kiwi adventure by leaping 192m (630ft) from Auckland's spectacular Sky Tower. This means jumpers can "base-jump by wire" falling for approximately 16 seconds at around 75kph. Unlike bungee, Skyjump participants do not hang upside down or bounce around.

Auckland Zoo:-

The Auckland Zoo opened in 1922. The zoo is a very popular destination for all visitors and residents. The Zoo has educational programmes for school age children, about their own environment and the animal kingdom at the Discovery and Learning Centre. There are facilities to purchase refreshments or you could bring your own packed lunch and enjoy a pick nick.

The Zoo also offers school holiday programmes and activities', the Auckland Zoo is a must see for all.



Kelly Tarlton's Underwater World:-

Plunge under Auckland's waterfront and you'll discover spectacular secrets of the Southern Ocean and see the magic of an Antarctic fantasyland, complete with Penguins strutting in fresh snow and ice! It was Mr Kelly Tarlton's dream to display to the world marine life from a diver's perspective, but even in the depths of this vast sea, you'd be game to get this close and personal with some of its awesome creatures, like Tommy the Bronze Whaler, the most respected Shark in the pack.

Victoria Park Market:-



Victoria Park Market is one of Auckland New Zealand's unique tourist shopping destinations.

- Open from 9am to 6pm, 7 days a week
- Admission free
- Wheelchair and disabled access
- Explorer & Link bus connect Victoria Park to central city
- All major currencies including traveller's cheque's can be exchanged
- ATM machines

The shopping centre overlooks Victoria Park and is within close walking distance from the central city, the Sky Tower and casino and the America's Cup Village development. To make your shopping experience as simple and enjoyable as possible, Victoria Park Market provide extra services such as car parking, access for wheelchairs and disabled visitors and currency and travellers cheque exchange through their office situated in the ground floor of the Galleria Hall. The market offers a variety of cultural souvenirs and food from around the world.

Otara Market:-



With a large Polynesian population, South Auckland and Manukau are strongly Pacific oriented. Samoan, Tongan, Fijian and Cook Islands cultures intermingle in this area, making Auckland the largest Polynesian city in the world. For a taste of the Pacific be sure to visit the Otara Markets. This market is held every Saturday from 7am – 12noon.

Takapuna Market:-

Takapuna market is held in the car park opposite Shore City Galleria (the big shopping centre) every Sunday. At this market is fresh produce and flowers, along with freshly baked breads and seafood. There are plants for the garden plus clothes, books, soaps, perfumes and a host of other interesting products. A very pleasant, Sunday morning stroll.

Rainbows End:-

Rainbow's End is New Zealand's largest theme park, which was opened in 1982. It offers loads of exciting thrill seeking entertainment and adventure for both young and old. Rainbows End is open all year round except for Christmas Day. It is a must see.

Website: - [RainbowsEnd](#)

Thermal Pools in the Auckland Region:-

We have two recommended Thermal Pool areas, for which you can visit.

Parakai Springs:-

Parakai Springs has indoor and outdoor pools, as well as hydro slides. You can even make arrangements with the Resort, to book a one of their Camping Sites. The drive to the Thermal resort will just take you approximately 40 mins drive from Auckland. Take your packed lunch or you could opt to have some wonderful goodies from their Café. A day well remembered.

Website: - [Prakaisprings](#)

Waiwera Thermal Resort:-

Waiwera Thermal Resort is a wonderful day out; they have a movie pool, hydro slides, pool area for toddlers. They have an onsite café and designated picnic areas to have your luncheon.

Website: - [Waiwera](#)

Emergency Contacts:-

Just dial **111**



Important Holidays in New Zealand:-

Waitangi Day Celebrations:-

The 6th February, New Zealanders' celebrate an important aspect of New Zealand's' History, called Waitangi Day, which marks the signing of the "Treaty of Waitangi" in 1840. In that year, representatives of the British Crown and over 500 Maori Chiefs' signed, what is New Zealand's founding document, The days was first officially commemorated in 1934, and it has been a significant Public holiday since 1974. Waitangi Day is the occasion for reflecting on the Treaty.

You can find out more about this fascinating and important part of New Zealand's' history here:

[TheTreatyinfo](#)

[New Zealand History](#)

ANZAC Day:-

Each year, on the 25th April, New Zealanders' and Australians' commemorate ANZAC day in remembrance of those who dies in the service of their country and to honour those service men and women who returned from the Gallipoli Campaign in 1915.

ANZAC stands for Australia & New Zealand Army Corps whose soldiers were known as Anzacs.

On this day we remember 2,721 New Zealand soldiers who died during the eight-month Gallipoli Campaign. The assault on the Gallipoli Peninsula began on 25 April 1915, as an attempt by Allied Command to weaken the strategic position of Germany, Austro-Hungary and Turkey. This was the New Zealand Expeditionary Force's first major engagement of the First World War. Thousands of others also lost their lives in the Gallipoli campaign: 87,000 Turks, 44,000 men from France and the British Empire, including 8500 Australians. The ceremonies that are held at war memorials up and down New Zealand, or in places overseas where New Zealanders gather, remain rich in tradition and ritual befitting a military funeral.



Significance of the Poppy

Red poppies made of light cloth or papers are popularly worn on and around Anzac Day as a mark of respect to those who died in the course of service to their country. The poppy has its origins in the early twentieth century, when red or Flanders poppies bloomed over the graves of soldiers in France and Belgium. The poppy is now the undisputed symbol of remembrance, although its design has undergone several changes.

Contact Us:-

Our Global Mobility Consultant, based in our Recruitment Centre, can also help to answer any other queries that you may have about day to day living in New Zealand.

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